

# 2024 FALL JUNIOR SCHEDULE

Session Dates 9/2 – 11/10 (10 Weeks)



## Palisades Tennis Center

851 Alma Real Drive, 90272

latenniscenters.com

palisades@latenniscenters.com

(310) 573-1331

	TIME	LEVEL	INSTRUCTOR
<b>MONDAY</b>	PM		
	3:30-4:15	Big Hitters	Austin
	4:15-5:00	JD1	Austin
	3:30-5:00	JD2	Ian
	3:30-5:00	JD4	Cole
	5:00-7:00	Academy-prep	Ian, Austin
	5:00-7:00	Academy	Cole, Toky

<b>TUESDAY</b>	PM		
	3:30-4:15	Big Hitters	Austin
	4:15-5:00	JD1	Austin
	3:30-5:00	JD2	Ian/Cole
	3:30-5:00	JD3	Toky
	5:00-7:00	High Performance (HP)	John, Gio

<b>WEDNESDAY</b>	PM		
	3:30-4:15	Big Hitters	Austin
	4:15-5:00	JD1	Austin
	3:30-5:00	JD3+(Director Approved)	Ian
	3:30-5:00	JD4	Cole
	5:00-7:00	Academy-prep	Ian, Austin
	5:00-7:00	Academy	Cole, Toky

<b>THURSDAY</b>	PM		
	3:30-4:15	Big Hitters	Cole
	4:15-5:00	JD1	Cole
	3:30-5:00	JD2	Austin
	3:30-5:00	JD3	Toky
	5:00-7:00	Power Academy	Cole, Toky
	5:00-7:00	High Performance (HP)	John, Gio

<b>FRIDAY</b>	PM		
	3:30-4:15	Big Hitters	Austin
	4:15-5:00	JD1	Austin
	3:30-5:00	Preteen	Ian
	3:30-5:00	JD4	Toky
	5:00-7:00	Academy/Academy-prep	Ian, Austin
5:00-7:00	Power Academy	Cole, Toky	

<b>SATURDAY</b>	PM		
	12:30-2:00	Teen	Austin

### PRICING

#### 10-WEEK SEASON SIGNUP

If you would like to enroll your child in:

#### Big Hitters, JD1 (45 min)

1 class per week = \$35/class (x 10 weeks)

#### JD2, JD3, JD3+, JD4, Preteen, Teen (90 min)

1 class per week = \$50 (x 10 weeks)

#### Academy, Academy-prep, Power, HP (120 min)

1 class per week = \$60 (x 10 weeks)

### CLASS DESCRIPTIONS

#### Big Hitters, JD1

Red Ball development classes on a 36' court focusing on body position, racquet orientation, and contact point.

#### JD2

Orange Ball development classes on a 60' court focusing on stroke production, proper footwork, and point play.

#### JD3, JD3+

Green Ball development classes on a 72' court focusing on point play, proper serving mechanics, and groundstroke consistency. JD3+ is for non-beginners of the same age group.

#### JD4

Yellow Ball classes focused on preparing students for matchplay and competition.

#### Academy, Academy-prep, Power, HP

Training for UTR verified players, with corresponding levels focusing on match strategies, developing fitness, and mental toughness.

#### Pre-Teen, Teen

Intro to tennis for ages 10-12 & 13-18, respectively.

**Season signups are fixed and non transferable. Please be sure of your schedule before reserving your spot. \*\*\*NO MAKE-UPS FOR MISSED CLASSES\*\*\***

**NO HOLIDAY CLOSURES**